

BEYOND TIME

Change your future!

Advanced course
On the basis of Three in One Concepts
By Ilona Várhidi

This is the greatest teaching ever:

LIVE AND ENJOY THE PRESENT!

Now it is 2002.

I have been dealing with kinesiology for 9 years, I have been teaching One Brain for 7 years, this is my 9th course I teach in, its title is „Childhood, Sexuality and Mature Age“.

I feel myself „old“ enough to start to write.

According to my several years' experience – with more thousand clients – I know how our actions in the past block us in the present.

But our future how much blocks us in our way?

- Do we know that we ourselves are responsible for everything happened to us?
- How long will we feel that we are victims of our circumstances?
- How long will you pointing at other people, blaming them – that's your fault! –?
- When will we recognize that we ourselves write our script of life?
- If yes – what will be the new script like?
- Did we know in our childhood, what we wanted to be?

Or our parents and teachers told us you'll be this or that. Was our school that kind we dreamt about (if we had dreams at all) or we went there just because they accepted us or there was room for us. In the School of Graphic Arts, from out my thirty classmates only one became a graphic artist. I myself became neither a painter, nor a graphic artist. I had not even a photo exhibition.

I had worked in this area for 20 years when on the invitation of Dr. László Domján, Carol Ann Hontz visited us, and brought us the Three in One kinesiological concept from America. I immediately recognized that this was what I waited for, moreover I was who „invited“ it.

Before it I lived my life as a kind of complaints office for others problems and I complained to God why we don't have a concept by which I could help people who tell me all their problems and asked for advice and comfort. In that time I was over 40. I knew I was too „old“ to study medicine and psychology does not cover exactly what I needed.

And then I GOT IT. That was KINESIOLOGY.

That was the concept I dreamt about. That was the concept by which I could help people. In the releases, peeling down infinitely many layers of the onion, I found that this way we could reach the Reason, the roots, discovering all of our lives.

This level is only for people who want it themselves. Who do not consider it to be a waste of time, who make order in their own life, and take the 100% responsibility for the positive changes. Indeed, I spent a lot of time with resolving „cases“, „lives“.

These 9 years were the most valuable period of my life. The way how we resolved a case, discovered the connections and solve, is a wonderful feeling.

When doing this, time disappears, nothing else is important, I do what I love to do, what I was born to. When I was a child, I had a little own operation room at home, I operated every doll (my family was happy to see it), and I knew the purpose of my life on the Earth.

Later in the school I had to study physics and chemistry, I could not learn them, and at the age of 13 I knew that I never would be a physician.

So I made a decision – (the school had an attractive name and of course I loved the teacher of graphics) – I decided to become a graphic artist.

I was about to go to Wimbledon to the tennis tournament, I was an international tennis player, plus I drew and painted wonderfully. But FATE chopped in. I was 16 when I fell in coma for 2 months.

Probably there and then was I prepared to the following parts of my life. It took a couple of difficult years until I recollected myself. I was not accepted to the Art Academy but I worked as a designer and organizer of exhibitions as a member of Arts Fund. (Now I think I had to spend the time somehow until kinesiology arrived to Hungary.)

I married and I was 20 when my wonderful daughter was born, whom I brought up alone later. Now I have a granddaughter and the next baby will come in January.

These years were the apprenticeship to my recent work. I experienced the bright side and the nights side of every aspect of life, from the tragedies to the biggest joys.

Today I already know that pains in my life served the goal that I could help people. How could I know what they feel if I hadn't ever felt that?

I accepted everything I could accept, and I forgave myself what other people had done to me. I never studied kinesiology; I just wanted to know it. I never felt the stress of examinations.

My special thanks to Three in One Concepts. I know how many people are frightened and blocked by examinations, approvals, struggling for certificates and meeting the expectations of other people.

This is why so many people does not begin to study and to develop, though they would enjoy the pleasure of learning and the results of a new study.

In the last 9 years I learn in every year, I visit courses.

I keep the balance between learning and teaching, between work and recreation. I live in my own world. My neighbors think I am a little bit odd, but they like me.

The number 9 means finish, the end of something. Recognition, self-esteem, wide horizon, publication all over the world.

If I could help only one people on this Earth, it was worth to.

But I know, many people needed just a little love to live on. When someone reflects that his or her life has changed, I feel an extreme happiness and a feeling of success also in my own life.

Maybe my false decisions in the past has already been corrected by the releases and my health problems have been solved, but...

- What could come yet?
- Can we start to plan our future?
- What would we like to do?
- What does that mean, that the present day ids the first day of the rest of our life?
- What is our desire?
- What would we like to accomplish, what would we like to achieve?
- What is the time? = IT IS NOW.
- Where are we? = HERE.
- Quotation: from the book *The Path of the Peaceful Warrior* by Dan Millman

If we have resolved our past, why could not we resolve our future, too.